



Portfolio of Model Upstream Programs LOGIC MODEL



Problem 1: The social/economic and family/individual factors that can pose extraordinary challenges and barriers to children, families, and individuals are complex, inter-related, consistent, and generally evident early in a child's life. **Solution 1:** Evidence-based prevention programs mitigate these challenges.

Problem 2: Incorporating evidence-informed practices within organizations can be confusing, complex, and costly. Moreover, the lack of standardized approaches to evidence-informed practice among funders and regulatory bodies can be burdensome to service providers. **Solution 2:** Develop and implement a standardized approach to implementing evidence-informed practice.

ASSUMPTIONS AND THEORIES that guide our thinking

- The social/economic and family/individual factors that contribute to social problems are well documented and can be successfully mitigated with programs informed by evidence.
- The Board of Supervisors continues to include the Upstream Investments Policy as a Board priority.
- County Departments, community partners, and local funders promote investing early, wisely, and together in their organizational practices including strategic planning, policy decisions, budgeting, resource deployment, and contracting.
- The Sonoma County community is committed to and does provide an array of public and private prevention services to community members experiencing challenging circumstances.
- The Sonoma County community of funders and service providers share a value for evidence-informed services and share a common understanding of the components of evidence-informed practice which are articulated in the Portfolio criteria.
- Evidence-based practices exist and are available for Sonoma County organizations to replicate. Other research and evaluation also exists and can be used by Sonoma County organizations to inform program design, implementation, and evaluation.
- Technical assistance received by service providers improves organizational capacity
- National evidence-based clearinghouses maintain current and growing lists of evidence-based practices.
- There is local collective commitment to providing a comprehensive technical assistance program to expand local capacity to implement evidence informed practices in program design, implementation, and evaluation.

ENVIRONMENTAL FACTORS that may affect our success

Challenges may include the following:

- Service providers' incorporation of evidence into their practice
- Funders' use of the Portfolio as a funding criteria
- The Board of Supervisors' support of decisions made by the Review Committee and/or the Appeal Committee

SOURCES

- Greenwood, P. (2008). Prevention and Intervention Programs for Juvenile Offenders. *Future of Children*, 18 (2), 203.
- Wolfe, B., Tefft, N. (2005). Child Interventions that may lead to Increased Economic Growth: A report to the Pew Charitable Trusts. *La Follette: The Policy Report* 16, (2), 12.
- Mason, P., Prior, D. (2009). *The Children's Fund and the prevention of crime and anti-social behavior* (Abstract DOI: 10.1177/1748895808092430), 282.
- Myers, D., Farrell, A. (2008). Reclaiming lost opportunities: Applying public health models in juvenile justice. *Children and Youth Services Review*, 30 (10), 1172.
- Orszag, P. (October 7, 2009). *Increased emphasis on program evaluations*. Memorandum for the heads of executive departments and agencies: Washington, DC: Office of Management and Budget.

INPUTS	OUTPUTS	OUTCOMES		
		SHORT TERM	INTERMEDIATE	LONG TERM
<ul style="list-style-type: none"> • Commitment by the Board of Supervisors to support Portfolio and Appeal Committee decisions. • Commitment by funders to use evidence-informed practices and the Portfolio as the basis for their funding criteria. • Private and organizational volunteers that are representative of Sonoma County who will commit the time necessary to serve on the Portfolio Committee. • Staff to support the Portfolio (1 Admin Aide and 1 manager) • Staff to provide technical assistance on evidence-informed practice to service providers • Commitment by service providers to dedicate resources to submitting their programs to the Portfolio. 	<p>The Portfolio Review Committee engages in the following activities:</p> <ul style="list-style-type: none"> • Reviews applications and renewals to the Portfolio in accordance with the Portfolio Review and Decision Process and determine Tier Placement for each application. • Participates in ongoing professional learning activities • Publishes a list of programs that meet the criteria for each Tier. • Ensures that the Portfolio Submission Criteria and the Portfolio Review and Decision Process continue to meet County policy and accepted industry practices related to evidence-based practice • Maintains documentation that fully describes the committee’s processes and change in thinking over time for the purpose of facilitating replication. • Promotes transparency and public accountability by ensuring opportunity for public access to and input to Portfolio activities. 	<ul style="list-style-type: none"> • The Review Committee members will continually increase their own knowledge of evidence-informed practice and will share this increased knowledge through Portfolio activities and within their own sphere of influence. • The number of submissions to the Portfolio and the number of approved programs on the Portfolio will increase. • The portfolio will be viewed as a trusted source for evidence informed practice in Sonoma County. <p>Local service-delivery providers will:</p> <ul style="list-style-type: none"> • Improve their capacity to incorporate evidence in their program design, implementation and evaluation. • Increase their capacity to apply for and receive funding for prevention programs. • Deliver more evidence-informed prevention-based services. • Expand referrals to effective and cost beneficial prevention programs. <p>Local funders will:</p> <ul style="list-style-type: none"> • Identify local effective prevention programs and target funding and resources to these programs. • Promote replication and scalability of successful and cost beneficial prevention programs. 	<ul style="list-style-type: none"> • Children, families and individuals facing extraordinary challenges and barriers will be more likely to succeed as a result of increasingly more effective services. • Sonoma County will publish its experiences and contribute to the body of knowledge about implementation science. • Sonoma County public resources are invested in building social capital, resulting in more resources dedicated to supporting prevention-focused policies and interventions than in the need to fund existing community problems. <p>The following risk factors will decline in the community:</p> <ul style="list-style-type: none"> • Societal and Economic <ul style="list-style-type: none"> • Poverty and Racial/Ethnic Disparities • Adverse community conditions • Punitive opinions, policies, and laws that advance incarceration over prevention • Family and Individual <ul style="list-style-type: none"> • Family dysfunction • Early anti-social behavior • Negative peer influences 	<p>We will collectively improve community indicators of success resulting in the following outcomes:</p> <p>Increase in...</p> <ul style="list-style-type: none"> • Pre-school attendance • 3rd grade reading • 3rd grade math • High school completion • Higher education access and completion • Housing affordability • Youth connectedness • Health insurance coverage • Fruit and vegetable consumption • Physical activity • Dental visits <p>Decrease in...</p> <ul style="list-style-type: none"> • Child maltreatment • Youth binge drinking • Youth alcohol/drug use • Youth depression • Youth tobacco use • Teen births • Childhood obesity • Homelessness • Juvenile arrests • Adult arrests • Domestic violence • Gang membership • Poverty • Hip fractures • Unemployment